

PRENATAL OPIOID USE PERCEIVED STIGMA (POPS) SCALE

» PURPOSE

- Measures perceptions of stigma in health care settings among women who take opioids while pregnant.
- May be used for monitoring health care programs designed to improve communication and relationship building between health care providers and individuals with opioid use disorder (OUD) who are pregnant.

» FEATURES

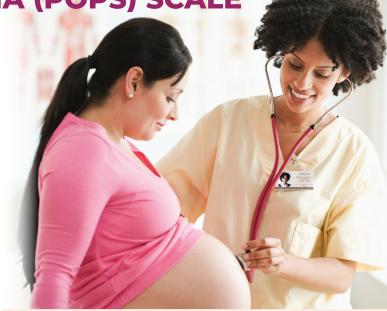
- · Brief 8-item measure
- Designed for clinical or community settings
- · Easy-to-use scoring system
- · Covers three aspects of stigma:
 - » Delays in care
 - » Communication with providers
 - » Patient-provider interactions

» RELIABILITY AND VALIDITY

- The POPS scale was evaluated as a part of the NIH-funded Outcomes of Babies with Opioid Exposure (OBOE) Study.
- The scale demonstrated good reliability and validity:
 - » Cronbach's alpha=0.88
 - » The scale was related to measures of similar constructs
 - » Women who reported greater stigma were significantly less likely to have received adequate prenatal care.

» AVAILABILITY

- The POPS scale may be used free of charge.
 Please cite the following source for the scale:
 - » Bann CM, Newman JE, Okoniewski KC, et al. Psychometric properties of the prenatal opioid use perceived stigma scale and its use in prenatal care. J Obstet Gynecol Neonatal Nurs. 2023; 52(2):150-158.



POPS SCALE

While you were pregnant, did you/did...(Yes/No)

- Delay getting health care because you were worried about how your health care providers would treat you if they found out about your opioid use?
- 2. Delay getting health care because you were worried that you would have to take a drug test?
- 3. Feel that you could talk to your health care providers about your opioid use?*
- 4. Try to avoid talking to your health care providers about your opioid use because you were worried they would judge you?
- 5. Feel your health care providers treated you differently than other patients because of your opioid use?
- 6. Your health care providers make you think you wouldn't be a good mother because of your opioid use?
- 7. Your health care providers make you feel like you couldn't be trusted to make good choices because of your opioid use?
- 8. Your health care providers blame you for putting your pregnancy at risk because of your opioid use?
- *Requires reverse coding.





